

Empowering Workshops for young ladies & women ages 12 to 100



"I want women and young ladies to feel good about themselves, and know they own a space within the universe." ~Kimberly



Kimberly Inspiring Beauty in Strength
Launches

QUEEN

WARRIOR
Movement

The Mission

To inspire,
motivate &
encourage women
& young ladies
from all walks
of life, to feel
empowered by
strengthening their
bodies & mind
through healthy living.



For more details visit kwinspires.com